



# Hostelling International USA

## Golden Gate Council

### Outdoor Hostel Adventures Equipment List

Outdoor Hostel Adventures run in all kinds of weather. Only severe weather will cause us to retreat into the hostel. Weather along the coast can be variable, so we must be ready for cold, wet, and hot weather when we leave the hostel in the morning. The best way to stay comfortable is to **WEAR LAYERS** that you can remove or add as the temperature changes.

Each participant will need a **DAY PACK** to hold extra hiking clothes, water bottles, and lunch. Bring clothes that you do not mind getting dirty.

Refer to the following suggestions when preparing for an Outdoor Hostel Adventure:

#### Overnight Pack:

Note: SLEEPING BAGS ARE WELCOME AT ALL HOSTELS, HOWEVER PILLOWS AND BEDDING IS PROVIDED IF NEEDED.

#### Clothing:

- One or two T-shirts
- One or two pairs of pants
- Sweatshirt or sweater
- Pajamas
- Underwear
- Socks
- Windbreaker or raincoat/pants
- Hat (*for cold nights*)
- Sneakers or good hiking shoes

#### Toiletries:

- Towel
- Soap
- Toothbrush/toothpaste
- Shampoo

#### Day Pack (ready to go upon arrival):

- "No Waste" Lunch
- Two "Reusable" Water Bottles
- Extra Sweater
- Sun hat or hat with a visor
- Sunscreen
- Sun glasses
- Camera (optional)
- Binoculars (optional)
- Journal (optional)

\*Please remind participants to leave electronic devices, such as hand-held video games, headphones, and cell phones at home.